

# COUNTY OF LOS ANGELES - DEPARTMENT OF MENTAL HEALTH

## Registration Form For County of Los Angeles DMH Employees Only

### 22nd Annual Asian American Mental Health Training Conference

### "Bipolar Disorder: Assessment, Treatment, and Cultural Considerations"

**Thursday, October 27, 2016**

**Almansor Court, 700 S. Almansor St., Alhambra, CA 91801**

## Registration Information

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_

Program or Agency: \_\_\_\_\_

Work Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

LAC DMH Employee # \_\_\_\_\_ Email: \_\_\_\_\_@dmh.lacounty.gov

License Number: \_\_\_\_\_ CME/CE/CEU REQUEST? YES NO

License: MD/DO PhD/PsyD RN LCSW LMFT LPT CAADAC OTHER

## Registration Fees

Postmarked by 10/15/2016: **\$22.50**

Postmarked after 10/15/2016: **\$42.50** (No Subsidy will be provided for On-Site Registration)

Total Enclosed \$ \_\_\_\_\_ Supervisor Name: \_\_\_\_\_

Supervisor Signature:  \_\_\_\_\_

Must be currently employed in DMH directly operated program.

LAC-DMH is subsidizing the balance of the registration fee.

## Lunch Preference

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Chicken Dijonnaise

☐

Penne Vegetable Pasta

Complimentary continental breakfast and lunch will be provided.

Please make all checks payable to [LA BioMed](#). On-Site registration must be paid in full for the amount of \$110 either by check or cash ONLY. Space is limited - please register early!

**Mail form and check to:**  
**Catherine Bustamante**  
**Department of Psychiatry**  
**Harbor-UCLA Medical Center, Box 8**  
**1000 W. Carson Street**  
**Torrance, CA 90509**

Registration confirmation will be emailed on or before 10/15/16.  
Refund: Before 10/15/2016 less \$15 administrative fee. Request must be made in writing.  
No refund after 10/15/2016.

## Consortium on Asian American Mental Health Training

Presents:

### *Bipolar Disorder: Assessment, Treatment and Cultural Considerations*

This one day training conference offers mental health professionals, students/trainees, consumers, and family members an opportunity to acquire knowledge and skills in assessing and treating bipolar disorder in different settings. As a result of this training, participants will gain a better understanding of bipolar disorder and apply culturally appropriate approaches to treat Asian American consumers with bipolar disorder. Each participant requesting CME/CE credits is required to fill out a program evaluation form.

The educational objectives are to:

1. Recognize and distinguish diagnostic criteria for bipolar I & II disorders, cyclothymic disorder, attention deficit/hyperactivity disorder, and disruptive mood dysregulation disorder in adult and in youth
2. Identify major factors that contribute to the misdiagnosis of bipolar disorder from other related disorders
3. Increase understanding of the controversies regarding the prescription of antidepressants to treat bipolar disorder
4. Apply components of family-focused therapy, particularly in relation to early-onset consumers
5. Utilize culturally competent therapeutic skills in working with Asian American consumers

#### *Plenary Speakers*

##### **Michael J. Gitlin, MD**

Michael J. Gitlin, MD is Professor of Clinical Psychiatry at the David Geffen School of Medicine at UCLA. He is currently the Director of the Adult Division in the Department of Psychiatry, Medical Director of the Neuropsychiatric Behavioral Health Services and Director of the Mood Disorders Clinic at the UCLA Neuropsychiatric Hospital. From 1980 until 2004, he was the Medical Director of the Aftercare Clinic, a research clinic in schizophrenia. He is the author of many scientific articles and book chapters as well as four books, including: two editions of a solo authored psychopharmacology textbook written for nonphysician therapists entitled "The Psychotherapist's Guide to Psychopharmacology" published by the Free Press, coauthor of "Psychotropic Drugs and Women" with Dr. Victoria Hendrick, and coauthor of "Clinician's Guide to Bipolar Disorder: Integrating Pharmacology with Psychotherapy", with Dr. David Miklowitz and the coauthor of "The Essential Guide to Lithium Treatment" with Dr. Michael Bauer. He served as Chief of Staff at the Neuropsychiatric Hospital from 1997-1999. Among his awards are: Distinguished Educator Award in Teaching from the UCLA Department of Psychiatry (1999), Outstanding Housestaff Teaching Award, 1994 and 2008, Teacher of the Year from the Psychiatric Times in 2002; Dadone Clinical Teaching award from the Geffen School of Medicine at UCLA in 2010; and the Leonard Tow Humanism in Medicine award from the Geffen School of Medicine at UCLA in 2010.

##### **Stephen Cheung, PsyD**

Stephen Cheung, PsyD is Professor and Director of Family Psychology in the Department of Graduate Psychology at Azusa Pacific University (APU). For over twenty-five years, Dr. Cheung has specialized in family psychology, multicultural psychotherapy, and therapy for mood, anxiety, and eating disorders. He has taught therapy courses such as family therapy and group therapy. Before he began teaching full-time in 2004, Dr. Cheung had been a program director and clinical family psychologist at Asian Pacific Counseling and Treatment Centers (APCTC) in Los Angeles coordinating and supervising their adult and children programs for twelve years. He taught part-time at California State University at Los Angeles and Pepperdine University, while serving at APCTC. Dr. Cheung has been a founding member of the Consortium on Asian American Mental Health Training in Los Angeles that has provided annual training conferences for mental health professionals in the past twenty-one years. He has, moreover, served in various capacities in Division 43 (Society for Family Psychology) of the American Psychological Association (APA) including Vice President for Education. He received the Distinguished Service to Family Psychology award from APA's Division 43 in 2009. He is a Fellow of the American Psychological Association (APA) and the Asian American Psychological Association (AAPA).

#### *Workshops*

##### **A. Cultural Considerations in Diagnosis of Bipolar Disorder**

**Presenter: Descartes Li, MD**

University of California, San Francisco

##### **B. Bipolar Disorder, DMDD, and ADHD: Diagnostic Controversies in Children**

**Presenter: Brett Sevilla, MD**

Asian Pacific Counseling and Treatment Centers

##### **C. Family-Focused Therapy for Persons with Bipolar Disorder**

**Presenter: Eunice Kim, PhD**

University of California, San Diego

\* Each discipline will be eligible to receive 6.0 continuing education credits (No partial credits will be given)